

TNOTA *in Action*

Member Newsletter

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Award

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and more!

Support GiGi's Playhouse!

TSU & Belmont host Kicking For a Cause Kickball Fundraiser

November 9 10-12pm
@ Belmont University

Come watch TSU &
Belmont OT students go
head to head as they
raise money for GiGi's
playhouse!

Learn more about how
you can volunteer for
this organization on
p.7!



Need research study participants?

TNOTA provides an opportunity for all members (students, practitioners, and academia) to post requests for research/survey responses from members on the website and now in the quarterly newsletter. Members are encouraged to send requests to admin@tnota.org

Do you have any suggestions or feedback for the
Executive Board? We'd love to hear from you!

Contact us at admin@tnota.org

A letter from the president & president elect

TNOTA members,

We want to thank our members, volunteers, and staff at the University of Tennessee Chattanooga for a successful annual conference. We received great feedback about conference this year and are proud of the excellent sessions and posters presented by our speakers. Special thanks to our hardworking conference committee for making this event possible. If you're interested in joining the conference committee to help plan future TNOTA conferences, please email us at admin@tnota.org.

TNOTA board members are working hard to provide ongoing continuing education opportunities. We have several Ethics & Jurisprudence courses and PAMs workshops planned for the remainder of 2019. In addition, we are renewing and revitalizing the Northeast and Southeast districts of TNOTA in order to better serve OT practitioners, students, and consumers in those areas. Be on the lookout for more great continuing education opportunities in your area, and please reach out to TNOTA if you'd like to see more information on a specific topic.

In addition, we at TNOTA are very proud of our new student involvement committee. The committee has orchestrated a number of successful events, including a student-specific track at annual conference, social media takeovers, student-centered virtual chats, and a "What is OT?" student video contest. Special thanks to the student involvement committee members for investing in the next generation of occupational therapy practitioners in Tennessee. The committee welcomes both students and practitioners who are interested in joining.

Finally, we want to thank our incredible TNOTA volunteers. It takes many talented folks to keep our organization running, and we appreciate the time and effort each of you puts in to supporting occupational therapy practice in Tennessee. TNOTA is currently seeking volunteers to fill several positions on our board, most of which require less than 5 hours per month. If you are interested in furthering the mission and vision of TNOTA, please visit our website to view open positions and contact admin@tnota.org

Sincerely,
David S. McGuire, TNOTA President
Cindy DeRuiter Blackwell, TNOTA President Elect





Member Spotlights

Meet Tennessee's newest AOTA Representative!

TNOTA member awarded Gary Kielhofner Emerging Leader Award



On July 1, 2019, TNOTA member Stephanie Lancaster, EdD, OTR/L, ATP, CAPS, assumed the role of representative for the state of Tennessee on the American Occupational Therapy Association's Representative Assembly.

The AOTA Representative Assembly (RA) is the professional policy-making body of the Association – the “Congress” of AOTA. The functions of the RA include being responsible for policies affecting the direction of the profession, which includes formulating, debating and voting on motions; establishing and charging ad hoc committees; and electing RA officials and standing committee chairs.

As the RA rep for Tennessee, Stephanie will communicate with AOTA members in the state and serves as the liaison between members and the Assembly/Association.

Stephanie can be reached by email at slancas4@uthsc.edu or by phone at (901) 604-3459

Congratulations to Niccole Rowe, BA, COTA/L on this prestigious achievement! Niccole is a founding partner of Aspire OT, teaches as adjunct faculty at Roane State Community College, and works for Pain Consultants of East Tennessee.

Niccole’s advocacy and leadership has been demonstrated through her various roles and accomplishments, including her entrepreneurial role as Founding Partner for Aspire OT and her education initiatives for OTAs and OTA students as they begin their own leadership journeys. While serving on two leadership committees within AOTA and her work on the student involvement committee for the Tennessee Occupational Therapy Association, she advocated for OTAs and their roles in leadership. Her work to promote OT’s role in the treatment of chronic pain includes educating OT practitioners nationwide through presentations and 2 OT Practice Continuing Education Articles. She has also presented nationally on the subjects of burnout and OT/OTA collaboration.



District Happenings

Middle District

Next Meeting:

Tuesday November 12 7:00pm

Speaker:

Jamie L. Bergner, OTD, OTR/L, CHT, COMT

Topic: One Handed Techniques for ADL/IADL

This will be a virtual meeting using Go To Meeting. Contact Morgan at morganwebb326@icloud.com if you'd like to attend!

Congratulations to Ginny Monahan on her new role as Middle District Secretary!

Rural West District

Congratulations Alicia Rinks, recent graduate of University of Tennessee Health Science Center, who has joined the Rural West District as secretary! She just began her career at the Therapy and Learning Center and will provide outpatient pediatric therapies, school based and adult day therapy services.



Communities of Practice Corner

Neurological Community of Practice



Are you interested in joining a Neurological SIS? TNOTA is working to develop special interest groups for our members. If you have an interest in being part of a Neurological Special Interest Group, please email your contact information along with your practice area to valery.hanks@aol.com.

Mark your calendars!



Pediatric CoP meetings

November 11 7pm

December 9 7pm

January 13 7pm

Pediatric Community of Practice

TNOTA's pediatric Community of Practice (CoP) group continues to grow! Over the past several months we have welcomed new members and dived into new topics related to pediatric practice. Members of our group have presented and led discussion on school mental health practice, pediatric seating and car seat safety, tummy time and baby gear usage, and more. The goal of our group is to grow our network of pediatric OT practitioners (and future practitioners!) so that we can learn from one another, share resources, and improve our practice. Interested in joining our Pediatric Community of Practice? The group meets virtually on the second Monday of the month to discuss an important area of practice and share valuable resources. All members are welcome! Contact cderuit2@gmail.com for more information.



Student Involvement Committee

TSU Tiger Community Rehab Clinic

TSU Tiger Community Rehab Clinic is up and running! This pro-bono, student-run clinic is a unique and exciting opportunity for our school and for community.

Our mission is to provide both OT and PT services to underserved, uninsured, and underinsured communities within the TSU Community and its surrounding areas. Our goal is to complement existing therapy services/clinics in Nashville by identifying and treating patients who are uninsured or have exhausted their yearly insurance benefits.

The clinic operates every Friday during the Fall and Spring semesters from 8:00 AM to 4:30 PM. We are in great need of experienced therapists that have a strong commitment to providing excellent service to the community and a desire to mentor future therapists. Supervising Therapists will operate in direct supervision of students during treatments, with final say in all diagnoses and referral decisions.

If you are able to give the gift of your time, or what any questions, please contact:

Lead Faculty Advisor Dr. Richard Clark, PT, DSc, SCS or Alumni Relations officer Cassie Oliver ATC, LAT, OTS

rclark20@tnstate.edu (615) 963-5944

cassie.oliver.616@gmail.com

Social Media Takeover

If your school has an upcoming fun event, project, or if you would like to post about a day in the life of your occupational therapy program, please email Morgan Webb at morgan326@icloud.com to schedule a social media takeover of TNOTA's Facebook and Instagram for 24 hours! Programs will be taking over these social media platforms monthly. Don't miss this awesome opportunity to promote your program and the occupational therapy profession!

Quarterly Virtual Chat

Our first quarterly virtual chat was held October 22 with speaker Evan Pendygraft, OTD, OTR/L. Evan spoke about conflict management. The next quarterly virtual chat will be January 28, 2020 via Go To Meeting. View this video to learn more about the quarterly virtual chat at <https://youtu.be/6mGygG9-xDE>

Pilot Mentorship Program

TNOTA's Student Involvement Committee is currently piloting a mentorship program in which new and experienced practitioners are paired for mentorship. This program will run October 2019-March 2020. Stay tuned for exciting updates!

Stay Connected



@TNOTA1



@TNOTA2



facebook.com/tnotassociation/



Volunteer with GiGi's Playhouse!

GiGi's Playhouse is a nonprofit achievement center that provides free therapeutic-based, educational, career development, and family connections programming and events to individuals with Down syndrome from diagnosis through adulthood, their families, and the community. Since Gigi's Playhouse is 98% volunteer-run and 100% donor-funded, they depend on volunteers and donors to fulfill their mission of changing the way the world sees Down Syndrome.



GiGi's Playhouse has some fun volunteer opportunities this fall! One of these opportunities include helping coach a workout with members of GiGi's Playhouse every other Thursday night. This is a modified Crossfit workout at Pro Vita Crossfit gym in Nashville's Germantown neighborhood. The workouts are already programmed, and there will be leaders for each workout present.

GiGi's is looking for volunteers for the following dates: November 7 and November 21 from 6-7pm. Please email Morgan Webb at morgan326@icloud.com if you would like to participate!

**Interested in
volunteering or
attending a
philanthropy
event?**

Mark your calendars!

November 7 6-7pm

Volunteer coaches needed!

November 9 10-12pm

Kickball fundraiser

November 21 6-7pm

Volunteer coaches needed!



Battle of the OTs: TSU VS. Belmont



KICKING FOR A CAUSE



“Kicking for a Cause” is being hosted by Belmont and TSU’s Student Occupational Therapy Associations to raise money for our local GiGi’s Playhouse. GiGi’s supports individuals with Down Syndrome as well as their families, and we are so excited to support them through a game we all love!

THIS IS A RAIN OR SHINE EVENT

Date/ Time: November 9th from 10:00 AM to 12:00 PM

Location: Crockett Park - Field 1

Cost: \$5 to play or watch - \$20 maximum family fee

Cost to play or watch will be collected the day of the event

INVITE YOUR FRIENDS, FAMILY, AND PROFESSORS