## TENNESSEE TELEHEALTH PRACTICE EXPLAINER

Cassandra Howe, OTD/S, Cindy DeRuiter Blackwell OTD, OTR/L

Most Recent Update: 4/19/2022

**Capstone Project Mission Statement**: The primary objective in creating the Tennessee telehealth practice explainer is to provide OT Practitioners and Students in Tennessee with up to date information and resources related to telehealth practice and coverage. This document serves as a directory of resources for telehealth.

### DEFINITIONS

- AOTA defines telehealth as the application of evaluative, consultative, preventative, and therapeutic services delivered through information and communication technology
- Synchronous services services delivered in real-time
- Asynchronous services services delivered using prerecorded or "store-and-forward" technology

### TENNESSEE TELEHEALTH LEGISLATIVE UPDATES





- TNOTA has been hard at work advocating for the passage of a telehealth bill which would make permanent our ability to practice telehealth! Further, this bill would require all insurance plans to cover telehealth services in TN. The bill has passed through both chambers and is awaiting the Governor's signature!
- On the Horizon: If the OT Interstate Compact Act is passed that would mean that Tennessee state licensure would be recognized accross all states within the Interstate Compact Act, making service delivery across all platforms, including telehealth, possible.



TENNESSEE OCCUPATIONAL THERAPY ASSOCIATION

# TELEHEALTH RESOURCE DIRECTORY

## **AOTA TELEHEALTH RESOURCES**

- <u>Telehealth practice resources</u>- information on ethics related to telehealth, state-by-state telehealth laws, and information about commercial insurance plans with telehealth coverage.
- <u>Category 3 telehealth codes list</u> information on CMS' two newest billing codes for telehealth services.

## TELEHEALTH RESOURCES FROM STATE OT ASSOCIATIONS

- <u>Arizona</u>- telehealth related templates and resources for school OT's
- <u>Colorado</u>- guide to getting started with telehealth
- <u>Illinois</u>- Resources for early intervention telehealth service delivery

### FEDERAL TELEHEALTH RESOURCES



- <u>Center for Connected Policy Telehealth Resource Page</u>
- OT Potential Blog- Telehealth Occupational Therapy Guide
- <u>American Psychological Association- Telehealth Office and</u>
  <u>Technology Checklist</u>
- <u>Centers for Medicare and Medicaid Telehealth Resources</u>including downloadable toolkits
- <u>United States Department of Health and Human Services:</u>
  <u>Telehealth Resources for Providers</u>
- <u>American Telemedicine Association: Resources and Practice</u>
  <u>Guidelines</u>
- <u>The National Consortium of Telehealth Resource Centers</u>
- <u>Prime Health-</u> Free virtual telehealth trainings



TENNESSEE OCCUPATIONAL THERAPY ASSOCIATION