

Schedule for 2024 TNOTA Conference September 13-15, 2024 Scarritt Bennett Center, Nashville, TN

Friday, September 13, 2024 Pre-Conference

Time	Session
1:00-1:30	Registration
1:30-3:30	QPR Training Kaylin Lawrence, OTR/L
3:45-4:15	Round Robin 1 Led by members of the Conference Committee
4:15-4:45	Round Robin 2 Led by members of the Conference Committee
4:45-5:15	Round Robin 3 Led by members of the Conference Committee
5:15-5:45	Round Robin 4 Led by members of the Conference Committee

Round Robin Crafts:

1. Origami

2. Bracelets in colors for Suicide Prevention Month (September)

- 3. Macrame Keychain
- 4. Mod Podge Bookmark



Saturday, September 14, 2024

Time	Session 30 Registration Exhibitor Hall Open					
7:30-8:30						
8:00-8:50	Short Course 1: Best Practices for Pediatric Telehealth Lora Casasfranco, MOTR/L	Workshop 1: (8:00-9:45) Tips and Tools: New and Updated Pediatric Assessments. Morgan Webb, MOT, OTR/L	Workshop 2: (8:00-9:45) How Every OT Practitioner Can Address Substance Use Disorder: Screening, Brief Intervention, and Referral to Treatment			
9:00-9:50	Short Course 2: The State of TN Licensure, CE Broker, & Audits Noranda French Mary Bennett Sabrina Craig-Boyd Anahi Juarez		Katy Schmidt, OTD, OTR/L			
10:00-10:50	Short Course 3: To Be or Not to Be a Hand Therapist Evelyn Daniel, OT/L, CHT Drew Hamrick, OT/L	Workshop 3: (10:00-11:45) The Journey Through Critical Illness and Recove Brittany Work OTD, OTR/L Spencer Freeman, ICU Survivor	ry: Survivors' Stories			
11:00-11:50	Short Course 4: Comprehensive Automotive Mobility Solutions <i>Paul L. Erway</i>	Angela Gilliam, ICU Survivor Barbara VanMeter-Nivens, ICU Survivor				
12:00-1:15	Lunch Session: Keynote: The Past is Present: Tend to Your Roots Kaylin Flamm Lawrence, MSOT, OTR/L (Lunch provided)					



1:30-2:20	Short Course 5: Promoting family centered practice in the pediatric oncology setting through program development Jessica M. McNatt, OTR/L	Short Course 6: Finding Relevance in Life and Occupation Robert J Mullaney, OTD, DBA, MBA-HSA, OTR/L	Workshop 4: (1:30-3:15) The Occupation of Sleep: Addressing Sleep in Adults Across Practice Settings Rosemary Lewis, OTR/L, CTP, CBIS
2:30-3:20	Short Course 7: A Rehabilitative Guidebook to Treating Neonatal Abstinence Syndrome Throughout Adolescence: Occupational Therapy, Physical Therapy, and Speech Language Pathology Anna Fung, OTD, MOT, OTR/L Alice Shaver, OTS Megan Turner, OTS Mackenzie Gay, OTS	Short Course 8: Supporting Holistic Recovery: Experiences with Trauma- Informed Sensory and Emotional Regulation Program Development in an Emerging Practice Setting Kaitlyn H Springer, OTD	Workshop 5: (2:30-3:45) Bringing Joy to Therapy: Creative Strategies for Addressing Behavioral Concerns in Occupational Therapy. Deana Kendall, OTA student Barbara Meussner, OTR/L Sandra Dicks, OTR/L Nicole Ayers, OTA student
3:30-4:20	Short Course 9: Pathways to Success: Cultivating Excellence through Workplace Mentorship Abigail P. Hamilton, MS, OTR/L Amanda Trent, MS, SLP-CCC Courtney Cowden, MS, OTR/L	Short Course 10: Empowering You: Self- Management in Rheumatoid Arthritis Caitlin Murphy, OTD	Student Track Session NBCOT National Certification Exam: Information You Need to Know <i>Elise Foust, COTA/L, CFPS</i>
3:30-5:00	Poster Session 1 Exhibitor Hall Open	1	 Networking Session (4:00-5:00): TNOTA Committee & Community of Practice Meet-up Members and others interested or involved with the following groups are invited to gather and network during this time: Mentorship program participants (mentors and mentees) Pediatric Community of Practice Mental Health Community of Practice



Sunday, September 15, 2024

Time	Session				
7:30-7:45	Registration Exhibitor Hall Open				
7:50-8:40	Short Course 11: Neurodiversity Affirming Care: Practices and Trends in OT Abigail P. Hamilton, MS, OTR/L Janet Capell, OTR/L Brittany Rauch, MSOT, OTR/L Stephanie Lancaster, EdD, OTR/L, ATP	Short Course 12: Encountering Excessive Clutter & Hoarding Disorder with your OT Clients <i>Tim Sullivan, MS, OTR/L,</i> <i>RAC-CT</i> <i>Cindy Sullivan, CPO</i>	Short Course 13: Getting to Know PRC-Saltillo Amanda Rains, MS, CCC-SLP		
8:50-9:40	Short Course 14: From Fatigue to Function: Occupational Therapy's Role in Long Covid Rehabilitation Lisa H Hamilton, OTS Yu Hsiang Liang-Paultre, OTD, OTR/L		Short Course 15: Pediatric Sleep Assessment & Intervention: Supports for Children and Families Cindy W Poole, OTD, M.Ed., OTR/L Amanda M Buono, OTD, OTR, BCP, CCAP Jennifer Allison, OTD, OTR/L, BCMH, CCAP, FAOTA		
9:50-10:40	Short Course 16: Breaking OT Barriers: Disability Mentorship Caroline P Hillyard, OTD, OTR/L		Short Course 17: Self-Regulation and Social Behavior: Implications for School-Based Multi Tiered Supports Lorry Liotta-Kleinfeld, EdD, OTR, BCP, FAOTA Cynthia Hickman, EdD, OTD, OTR/L, CLT, LANA		



9:30-11:00	Poster Session 2 Exhibitor Hall Open
11:15-12:45	TNOTA Annual Business Meeting, Presidential Address, & Legislative Update Stephanie Lancaster, EdD, OTR/L, ATP. TNOTA President Courtney Atnip, Lobbyist, Capitol & 5 th Public Strategies (Lunch provided)
1:00-3:00	Ethics & Jurisprudence for Occupational Therapy Practitioners Susan McDonald, EdD, OTR/L

Session Descriptions Saturday, September 14, 2024 Short Courses

8:00-8:50:

Short Course 1: Best Practices for Pediatric Telehealth. Since the Covid-19 pandemic, telehealth has been a hot topic within many medical fields. Occupational therapy is no different, with many companies starting to offer or expand existing offerings for telehealth services. Pediatric telehealth, specifically for the birth to five population, can feel daunting. However, with a few considerations and techniques in place, virtual services can provide exceptional care for many families, including those unable to access in-clinic or home-based services. This course will prepare clinicians to facilitate meaningful and effective virtual sessions for clients. *Speaker: Lora Casasfranco, MOTR/L*

9:00-9:50:

Short Course 2: The State of TN Licensure, CE Broker, & Audits. In this session, staff from the Tennessee Occupational Therapy Licensure Board will share information about requirements for licensure and renewal, continuing education credits, the use of CE Broker, and the audit process. This session is pertinent to all OT practitioners and students who work or plan to work in the field in Tennessee. *Speakers: Noranda French, Mary Bennett, Sabrina Craig-Boyd, and Anahi Juarez*

10:00-10:50:

Short Course 3: To Be or Not to Be... a Hand Therapist. Do you have any preconceived notions of becoming an OT practitioner who works in hands? Do you think a career in hands is unattainable? If any of this is you, this program is for you! My goal is to expand occupational therapy practitioners' knowledge of what hand therapy is, decrease fears, snuff out common misconceptions, and become an asset for this speciality I have devoted my career to. Our workshop will include discussion groups with common misconceptions, questions, and concerns, demonstrations of some of the specialized practices we do on a regular basis, including dry needling, and discuss the need and importance of splint making. *Speakers: Evelyn Daniel, OT/L, CHT and Drew Hamrick, OT/L*



11:00-11:50:

Short Course 4: Comprehensive Automotive Mobility Solutions. Delve into a captivating educational journey brimming with insights on personal automotive mobility solutions. This course empowers allied health care practitioners, equipping them to comprehend and champion the needs of individuals seeking automotive vehicle modification solutions. *Speaker: Paul L Erway*

1:30-2:20:

Short Course 5: Promoting Family Centered Practice in the Pediatric Oncology Setting Through Program Development. In the pediatric oncology setting, family-centered practice is vital to a patient's developmental growth. OT contributes to holistic care of young children with cancer through family-centered services. With consideration to the unique occupational challenges guided by the Developmental Frame of Reference and the Play Model, "Therapy to Go" was developed. The family-centered program provides patients with developmentally appropriate items that facilitate developmental skill attainment. The contents of each "Therapy to Go" kit are individualized to the needs of each patient and family. Contents include developmentally stimulating play items and associated educational handouts to provide caregivers with recommendations. This course will describe the "Therapy to Go" program development and provide a case example of the program in action. *Speaker: Jessica M McNatt, OTR/L*

1:30-2:20:

Short Course 6: Finding Relevance in Life and Occupation. This course explores the concepts of "relevance" and personal sense of "relevance" within clients and OT practitioners. A brief overview of the current related literature on the topic, followed by a discussion of the connections between research on sense of self-relevance, essentialness, and occupational performance. Practice examples will be shared for further exploring a sense of relevance in clients and self, as well as knowledge of creating an effective 1-paragraph/page strategic plan for enhancing sense of relevance, impacting motivation and overall occupational performance. Future research and concepts will summarize the presentation. *Speaker: Dr. Robert J. Mullaney, OTD, DBA, MBA-HSA, OTR/L*

2:30-3:20

Short Course 7: A Rehabilitative Guidebook to Treating Neonatal Abstinence Syndrome Throughout Adolescence: Occupational Therapy, Physical Therapy, and Speech Language Pathology. Research indicates practitioner bias influences client outcomes. AOTA core values demand equality and freedom to clients of all ages. OT practitioners have an obligation to shape student attitudes toward older adults to meet these ethical values. *Speakers: Anna Fung, OTD, MOT, OTR/L, Alice Shaver, OTS, Megan Turner, OTS, and Mackenzie Gay, OTS*

2:30-3:20

Short Course 8: Supporting Holistic Recovery: Experiences with Trauma-Informed Sensory and Emotional Regulation Program Development in an Emerging Practice Setting. This session will provide education on the neurological and occupational impacts of childhood trauma. A practical example will be described based upon the presenter's OTD Capstone experience with Blue Monarch, a long-term, faith-based residential recovery non-profit program for mothers and their children. Participants will have an opportunity to engage in guided discussion regarding implementation of trauma-informed care, advocacy strategies, and opportunities for OT in psychosocial and other emerging practice settings. *Speaker: Kaitlyn H Springer, OTD*

3:30-4:20

Short Course 9: Pathways to Success: Cultivating Excellence through Workplace Mentorship. Mentorship is a tool that can be used to catapult the trajectory of your career. Clinicians with mentors tend to have more positive career outcomes and professional attitudes. Yet, it is a tool that not a lot of clinicians have access to. A workplace mentorship program combats that and aims to promote the development of clinical and leadership skills. Creating a workplace



mentorship program is possible, and more employers should consider the vast benefits that come along when you use mentorship to cultivate success for your team of clinicians. *Speaker: Abigail P. Hamilton, MS, OTR/L*

3:30-4:20

Short Course 10: Empowering You: Self-Management in Rheumatoid Arthritis. In this course, you will be introduced to principles of self-management for patients with rheumatoid arthritis. Caitlin will share her self-management program created during her capstone experience which includes 9 modules and 3 single-page handouts covering topics related to self-management of rheumatoid arthritis. In the course, she will cover her program, general information on rheumatoid arthritis, and OT's role in chronic disease management for this population. *Speaker: Caitlin Murphy, OTD*

3:30-4:20 (Students only)

NBCOT® National Certification Exam: Information You Need to Know: During this session, an NBCOT Ambassador will share valuable information about preparing and applying for the national OTR and COTA certification exams. Specific topics include exclusive details about the exams, study tool resources, test day information, data regarding exam questions, and advice from other students and recent certificants. This presentation will allow you to be better informed about the various aspects of the national certification exam experience.Connect with NBCOT and hear about the best approaches to achieve your goal for Occupational Therapy Certification. *Speaker: Elise Foust, COTA/L, CFPS*

Workshops

8:00-9:45:

Workshop 1: Tips and Tools: New and Updated Pediatric Assessments. Assessments continue to be created and updated, with practitioners needing to stay abreast of changes and best practices. Recent updates and availability of new pediatric assessments for motor skills and sensory processing abilities have allowed for more holistic and strength-based approaches. Presented in this session will be an overview of such assessments and a discussion of how these tools can be used to inform evidence-based interventions. *Speaker: Morgan Webb, MOT, OTR/L*

8:00-9:45:

Workshop 2: How Every OT Practitioner Can Address Substance Use Disorder: Screening, Brief Intervention, and Referral to Treatment. Every occupational therapy practitioner in any setting can play a vital role in addressing substance use disorder in their clients. Screening, brief intervention, and referral to treatment (SBIRT) is a highly impactful, versatile, and evidence-based approach. In this workshop, we will share resources and practice strategies, so you feel comfortable to immediately implement SBIRT in your work setting. *Speaker: Katy Schmidt, OTD, OTR/L*

10:00-11:45

Workshop 3: The Journey Through Critical Illness and Recovery: Survivors' Stories. Post-intensive care syndrome (PICS) is new or worsening physical, cognitive, or mental health impairments occurring after critical illness that persist beyond the acute care hospitalization. Occupational therapy practitioners (OTPs) evaluate and treat survivors of critical illness, regardless of practice setting, across the continuum of care. The ability of OTPs to recognize critical illness as a risk factor



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associated with PICS is vital for optimal care management. The voice of the ICU survivor is the best way to personalize the journey through critical illness and recovery. Three survivors share their stories of how critical illness impacted every facet of their lives, and how they learned to thrive, not merely survive, despite PICS. *Speakers: Brittany Work, OTD, OTR/L, Spencer Freeman, ICU Survivor, Angela Gilliam, ICU Survivor, and Barbara VanMeter-Nivens, ICU Survivor.*

1:30-3:15

Workshop 4: The Occupation of Sleep: Addressing Sleep in Adults Across Practice Settings. This course will review the vital role of sleep as a primary occupation and its foundational impact on all other areas of function. Topics will include a review of sleep mechanics and physiology, the impact of sleep dysfunction on mental and physical wellbeing, and common factors influencing sleep preparation and participation. During this course, strategies for evaluation and treatment of sleep in adults across various settings will be explored. *Speaker: Rosemary Lewis, OTR/L, CTP, CBIS*

2:30-3:45

Workshop 5: Bringing Joy to Therapy: Creative Strategies for Addressing Behavioral Concerns in Occupational Therapy. This presentation will focus on the challenges and strategies for managing severe behavioral challenges in occupational therapy. It will address the impact of severe behavioral concerns on a client's participation in meaningful activities and the role of OT in addressing these challenges. The session will cover assessment tools and techniques for identifying behavioral concerns, along with evidence-based interventions and strategies for managing these concerns within the scope of occupational therapy practice. The session will also include a parent's perspective on living with children who have severe behavioral challenges due to their diagnosis. Speakers: Deana Kendall, OTA student, Barbara Meussner, OTR/L, Sandra Dicks, OTR/L, and Nicole Ayers, OTA student

Sunday, September 15, 2024 Short Courses

7:50-8:40

Short Course 11: Neurodiversity Affirming Care: Practices and Trends in OT. With the prevalence of diagnoses like autism spectrum disorder and attentiondeficit hyperactivity disorder on the rise in children, occupational therapy practitioners need to be aware of the unique needs of neurodivergent children. Join us for an introduction to the concept of neurodiversity. We will journey through time and review a history of disability models to assess how we arrived at the neurodiversity movement. We will dive into the guiding documents of occupational therapy to determine why this conversation matters for occupational therapy practitioners. And then we will review what practical shifts we can make in our clinical practice to create a space where neurodivergent children feel safe to show up as their authentic selves while learning and growing in occupational therapy! *Speakers: Abigail P. Hamilton, MS, OTR/L, Janet Capell, OTR/L, Brittany Rauch, MSOT, OTR/L, and Stephanie Lancaster, EdD, OTR/L, ATP,*

7:50-8:40

Short Course 12: Encountering Excessive Clutter & Hoarding Disorder with your OT Clients: Have you encountered extreme clutter during a Home Assessment or during your Home Health treatments? This course will equip you with tools to assess the level of severity with clutter or hoarding as well as discuss considerations working with these patients. Gain an understanding of resources available for your client via establishing a working relationship with a Professional Organizer. You will learn to distinguish the "fine-line" between clutter & hoarding disorder. *Speakers: Tim Sullivan, MS, OTR/L, RAC-CT and Cindy Sullivan, CPO*

7:50-8:40



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Short Course 13: Getting to Know PRC-Saltillo: PRC-Saltillo is dedicated to providing AAC communication solutions and industry-best support to those clients and their teams. This introductory course is intended to give attendees an overview of the wide range of devices, vocabularies, and support PRC-Saltillo offers. During this course, we will review the devices available from PRC-Saltillo. This discussion will also include an overview of the access methods offered by PRC-Saltillo. Attendees will learn about the most commonly used vocabularies on PRC-Saltillo systems, including Unity[®] and WordPower[™], as well as the available languages. Finally, attendees will learn about the many support options available for PRC-Saltillo products, both in-person and online! Devices are not required for this training. *Speaker: Amanda Rains, MS, CCC-SLP*

8:50-9:40

Short Course 14: From Fatigue to Function: Occupational Therapy's Role in Long Covid Rehabilitation. This course provides an overview of OT interventions tailored for practitioners to better understand how to serve clients with Long COVID. Participants will explore evidence-based strategies to address persistent symptoms such as fatigue, cognitive impairments, and respiratory difficulties. Attendees will gain insights into interdisciplinary collaboration and patient-centered care approaches to enhance the quality of life and functional independence of clients with Long COVID. *Speakers: Lisa H Hamilton, OTS and Yu Hsiang Liang-Paultre, OTD, OTR/L*

8:50-9:40

Short Course 15: Pediatric Sleep Assessment & Intervention: Supports for Children and Families. Children appear to be at risk for the effects of sleep deficits, as 25-50% of typical children experiencing some form of sleep deficits, and up to 80% of children with disabilities experiencing sleep deficits. This course aims to empower OT to address sleep deficits in children, equipping them with evidence-based interventions and evaluation options to support sleep health. Discussions will explore current literature that identify key diagnosis/client factors that put children at risk for sleep deficits, environmental and occupational performance factors that affect sleep in families, and the comparative analysis of different models/approaches, evaluations, and interventions that can be used to guide pediatric sleep practice. *Speakers: Cindy W Poole, OTD, M.Ed., OTR/L, Amanda M Buono, OTD, OTR, BCP, CCAP, and Jennifer Allison, OTD, OTR/L, BCMH, CCAP, FAOTA*

9:50-10:40

Short Course 16: Breaking OT Barriers: Disability Mentorship. Individuals with disabilities (IWD) comprise the largest minority group in the United States, yet they don't always have a clear part to play in advocacy efforts. Breaking OT Barriers is a disability mentorship program that aims to create connections amongst IWDs, empower participants through knowledge and experiences, and advocate for disability rights and diversity within occupational therapy. Breaking OT Barriers challenges traditional views of disability and provides a roadmap for success for IWDs leading to a larger representation in healthcare and ultimately stronger advocacy efforts for disability rights. *Speaker: Caroline P Hillyard, OTD, OTR/L*

9:50-10:40

Short Course 17: Self-Regulation and Social Behavior: Implications for School-Based Multi Tiered Supports. Social-emotional competence has been linked with better peer relationships and academic success. Research has found that a precursor of social emotional competence is sufficient self-regulation. However, many students do not enter school with requisite self-regulation abilities, and some do not develop these skills without support. The purpose of this session is to review research related to social-emotional competence and self-regulation and to discuss strategies to support self-regulation in the school setting based on a multi-tiered system of supports. *Speakers: Lorry Liotta-Kleinfeld, EdD, OTR, BCP, FAOTA and Cynthia Hickman, EdD, OTD, OTR/L, CLT, LANA*.



Posters (Saturday 3:30-5:00)

Clinical Driver Evaluations *Presenter: Cara Harman, OTD, OTR/L*

Over-Stressed and Under-Slept: The Connection Between Sleep and Emotional Well-Being in OT Graduate Students *Presenters: Connor Coward, OTS, Kerry Ormond, MOT, OTR/L, and Stedmon Hopkins, OTD, OTR/L*

Occupational Therapy's Role in Schools: A Survey of Occupational Therapy Practitioners *Presenters: Caroline Clement, OTS, Ryleigh Thomas, OTS, Halle Tackett, OTS, Reagan Cook, OTS and Ashlyn Case, OTS*

Do Occupational Therapy Graduate Programs Adequately Prepare Students to Treat Sexual and Gender Minority (SGM) Clients? *Presenters: Chad Massey, OTS, Cameron Tubb, OTS, Leslie Corn, OTS, Rebecca Ahlfeld, PT, DPT, OTR/L, MOT and Stedmon Hopkins, OTD, MOT, OTR/L*

Exploring Lived Experiences of Students in Inclusive Post-Secondary Education Through Photovoice Narrative *Presenters: Susan Iliff, PhD, OTR/L, BCP, Grace Apigian, OTS, Lilly Martin, OTS, Taylor Nock, OTS, and Abigail Smith, OTS*

Interprofessional Education Design with Educational Technologies Presenters: Lorry Liotta-Kleinfeld, EdD, OTR/L, BCP, FAOTA and Peggy Beckley, PhD, EdD, OTD, OTR/L, FAOTA

Are There Gaps Within Newborn Education for Parents and are Occupational Therapists Prepared to Fill the Gap? Presenters: Ally Hudson, OTS, Rochani Akwalia, OTS, Rebecca Ahlfeld, PT, DPT, OTR/L, MOT and Stedmon Hopkins, OTD, MOT, OTR/L

Falling Into Safety: An OT-led quality improvement falls prevention program. *Presenter: Madison T Owens, OTS*

The Effects of Social Media on Middle School Aged Students. *Presenters: Kyle Barton, OTS, Josh Keathley, OTS, James Beck Cox, OTS, Erik Roque, OTS, and Rebecca Ahlfeld, PT, DPT, OTR/L, MOT*

Investigating Healthcare Provider Knowledge and Treatment of the Non-Motor Symptoms of Parkinson's Disease. *Presenters: Erin Melhorn, OTD, OTR/L, Hanna Horchi, OTS, Ryan McDaniel, OTS, Sierra Sturken, OTS, Mia Lawson, OTS, and Ivy Olinger, OTS*

Fieldwork Educators' Perspectives of Knowledge and Skills Necessary for Success in Level II Fieldwork.



Presenters: Paige Meyers, OTS, Katherine Henry, OTS, Sadie Barnes, OTS, and Ruth Jones, OTS

Perceived Impact of a Wheelchair Sports Program on its Participants, Caregivers, and Alumni.

Presenters: Missy Bryan, OTD, OTR/L, BCP, ATP, CPST, Mariah Gilbreath, OTS, Samantha McCreath, OTS, Emily McGuckin, OTS, and Kelly Nydahl, OTS

Effects of OT compared to Interdisciplinary Team Approaches with OT for Children with Feeding Difficulties. *Presenter: Allison V Schneider, OTD*

Promoting Inclusion through Sensory Friendly PRIDE *Presenters: Cailin Capra, OTS, Tiffany Haggard, OTS, and Elizabeth K Schmidt, PhD, OTR/L*

Overcoming Barriers to Virtual Reality Adoption in Pediatric Occupational Therapy *Presenters: Lani S Rinehardt, OTS and Teri Gilley, OTR/L*

Posters (Sunday 9:30-11:00)

Piloting of a Leisure Exploration Program for Individuals Experiencing Homelessness *Presenters: Abbigail Tomkosky, OTS, Maddison Riffey-Boling, OTS, Morgan Dotson, OTS, and Kaitlin Kinney, OTS*

Critical Appraisal of Factors Leading to Extended Caseload Duration *Presenters: Modina Reid, MOT/S, Hallie Stepp, MOT/S, and Caroline Wehner, MOT/S*

Social Participation in Children: Examining the Role of Executive Function and Sensory Processing *Presenters: Cynthia Hickman, EdD, OTD, OTR/L, CLT, LANA, Chloe Nease, OTS, Sarah Preston, OTS, Chandler Roseen, OTS, and Molli Wilkins, OTS*

Common Characteristics in Children With Autism With Prenatal Cocaine Exposure

Presenter: Emily M. Morse, MOT/S

Critical Appraisal of Burnout Among Occupational Therapy Practitioners *Presenters: Anna Click, OTS, McKenzie Hanson, OTS, Georgia Ray, OTS, and Kaitlyn Smith, OTS*

OT Students' Knowledge & Confidence to Address Pediatric Sleep: Overview of an Educational Module

Presenters: Laura J Carpenter, OTR/L, PhD and Amanda Buono, PPOTD, OTR/L, BCP, CCAP

Decreasing Joint Debility in Adults with Osteoarthritis and Rheumatoid Arthritis *Presenter: Allison Hyatt, MOT/S and Amberlee White, MOT/S*

Sensory Interventions for Reducing Outbursting Behaviors Seen in Children with Autism Who Were Exposed to Drugs in Utero



Presenters: Pinal Ishver, MOT/S, Savanna Simpson, MOT/S, and Sarah Block, MOT/S

Critical Appraisal of Occupational Therapy Interventions Used in Long-Term Care Facilities that Prevent Debility and Promote Independence

Presenters: Claire Herring, OTS, Olivia Knotts, OTS, and Jenna McDaniel, OTS

The Role of Occupational Therapy in ICU Recovery Clinics *Presenter: Brittany Work, OTD, OTR/L*

Stress and Coping Mechanisms in College Athletes

Presenters: Hannah K Millard, OTS, Allison G Martin, OTS, Caroline J Moore, OTS, Brittney A Ball, OTS, and Taylor G Allin, OTS

Exploring the Impact of Residual Symptoms of COVID-19 on Work Participation *Presenters: Jessica Hackathorne, PhD, MOT, OTR/L, Sara Lum, OTD, OTR/L, CBIS, CSRS, Katelyn Henderson, OTS, Maddy Martin, OTS, and Cathleen Mellor, OTS*

What is the Perception of the Foster Care Systems Ability to Prepare Individuals Transitioning in and out of Foster Care?

Presenters: Alexis Mogg, OTS, Shelby Carrillo, OTS, and Hannah Smith, OTS

Mental Health and Infant Care for NICU Families: OT Best Practices

Presenters: Laura Mabry-Griffin, OTS, Hannah Lee, OTS, and Lauren Beard, OTD, MOT, OTR/L, CPAM

Extra Activities

Community of Practice Meet up - Saturday 4:00 - 5:00 pm: TNOTA has a unique opportunity to offer practitioners and students who share a common interest in a specialty practice area. These groups meet to share resources, solve problems, and make connections. We currently have 3 CoP: Hand Therapy, Mental Health, and Pediatrics. If you are a member or are interested in joining one of our CoP's please join us during this time to network and get more information about what these groups might have to offer to expand your practice.

Student Lounge - Saturday 9:00 am - 3:00 pm: Students are welcome to mingle, take photos, post on social media, or just take a break in our student lounge throughout the day on Saturday. There will be special snacks and activities just for our OT and OTA students.

TNOTA Board Dinner - Saturday 6:00 pm: TNOTA Board members are asked to attend dinner (see registration desk for location).