

**Schedule for 2022 TNOTA Pre-Conference
September 9, 2022
Lichterman Nature Center
Memphis, TN**

Time	Session
2:30-3:00	REGISTRATION
3:00-5:00	QPR Suicide Prevention and Implications for OT Practice <i>Kaylin Flamm Lawrence, MSOT, OTR/L</i>
5:15-6:15	The Importance of Occupational Therapy in the Home Environment <i>Alishia Heaston, OTR/L, ECHM, CAPS, CFPS, Small Residential Contractor</i>

Pre-Conference Session Descriptions

3:00-5:00: QPR Suicide Prevention and Implications for OT Practice

Kaylin Flamm Lawrence, MSOT, OTR/L

QPR (Question, Persuade, and Refer) Gatekeeper Training for Suicide Prevention is a 1 hour educational program designed to teach lay and professional "gatekeepers" the warning signs of a suicide crisis and how to respond. Gatekeepers can include anyone who is strategically positioned to recognize and refer someone at risk of suicide (e.g., parents, friends, neighbors, teachers, coaches, caseworkers, police officers). After learning QPR techniques and methods, the second hour of this presentation will be specific to OT practitioners and will discuss considerations and implications for OT practice in regards to suicide prevention.

5:15-6:15: The Importance of Occupational Therapy in the Home Environment

Alishia Heaston, OTR/L, ECHM, CAPS, CFPS, Small Residential Contractor

The U.S. population is aging. Today, there are more than 46 million older adults age 65 years and older living in the U.S. That number is expected to grow to almost 90 million by 2050. Within the next 10 years, it is projected that the senior population will increase by 18 million due to the last of the baby boomer cohort. This means that by 2030, 1 in 5 Americans is projected to be 65 years old and over. With the growing number of older adults, it is expected that the services needed to accommodate this population will also expand. One key area of expansion is home based services. Nearly 90% of older adults want to age safely at home even if they have a disability. Aging in place improves quality of life in older adults, and it is also a more cost effective option compared to institutionalize care such as nursing homes. Evidence suggests services and programs that support aging in place, particularly home modifications, yield cost savings for families, government and health systems. This presentation will focus on enhancing the point of view and the value of occupational therapy amongst diverse industry sectors in the field of home safety and modifications, supported by evidenced based initiatives and research. This course will also identify various types of home modifications across specific population groups and avenues for collaboration that will promote advocacy for the profession of occupational therapy and viable revenue streams for a home modification business or service line.