

**Schedule for 2021 TNOTA Pre-Conference
September 10, 2021
Scarritt Bennett Center
Nashville, TN**

Time	Session
3:00-3:30	REGISTRATION
3:30-5:30	The Role of Life Experience in Shaping Brain Development <i>Melissa McGee, MA</i>
5:30-6:30	DINNER (provided) Susie Gray Dining Hall
6:30-8:30	Question, Persuade, Refer: Suicide Prevention Training <i>Kaylin Flamm, MSOT, OTR/L</i>

Pre-Conference Session Descriptions

3:30 to 5:30: The Role of Life Experience in Shaping Brain Development
Melissa McGee, M.A.

This presentation will explore how Adverse Childhood Experiences (ACEs) harm the developing brains and bodies of children, compromising the foundation for lifelong health. The ACE research has resulted in child abuse and neglect being acknowledged as a major public health problem and a leading cause of early death. From academic failure to alcoholism, from crime to cancer, presence of ACEs compromise the safety, tax dollars and quality of life for all Tennesseans. This presentation will also identify community-based strategies to prevent and mitigate ACEs and build resilience. Understanding the ACE research deepens professional knowledge across sectors and creates a common language for collectively addressing community challenges.

6:30 to 8:30: Question, Persuade, Refer: Suicide Prevention Training
Kaylin Flamm, MSOT, OTR/L

Question, Persuade, Refer (QPR) is a suicide prevention training that will equip the everyday person with the knowledge of signs of depression, how to ask someone if they are having thoughts of suicide, how to persuade an individual to seek help, and how to refer someone to resources available. You will learn what a Safety Plan looks like and how to create one. This course satisfies the requirement for OTRs to have 2 hours of suicide prevention training.