

TNOTA Board Meeting Nov. 14, 2024

In attendance: Stephanie Lancaster, Abby Peacock, Amanda Newbern, Ashlyn Getway, Audrey Owens, Bhumika Patel, Blaine Coffey, Brittany Ford, Caitlyn O'Brian, Channing Bearden, Christine Watt, Jennifer Crowder, Jennifer Henderson, Kimberly Jessee, Logan Herndon, Maggie Pierce, Martin Davis, Morgan Webb, Pamela Lewis-Kipkulei, Rosemary Lewis, Tamara Calhoun

Not in attendance: Abby Hightower, David Eades, Gigi Jordan, Hannah Wiggs, Jayden Malugin, Jenni Schwartz, Missy Bryan, Taylor Kozell, Deana Kendall, Valery Hanks, Audra Larson, Mary Dreyer Smith, Ashley Robertson, Madison Craighead, Robert Mullaney, Sandra Dicks, Kelsey Vaughn

Staff in attendance: Zach McElgunn

MSC to accept the minutes as submitted

Important TNOTA Board announcements

- An orientation is being planned for **Nov. 18 from 7 - 8 p.m. CST**. All are welcome and new members are highly encouraged to attend. Here's the Zoom link:
<https://zoom.us/j/96635150252?pwd=Vdggf7gQQdmeZwTCaJ6TAbdPEJLebOx.1>
 - Those who have recently come on to the board are strongly encouraged to attend
- **TNOTA Board Strategic Planning meeting will be in Nashville on Jan. 25 from 11 a.m. to 4 p.m.** Lunch and snacks will be provided. Directions and agenda to come soon!

Please share this information with your personal network(s)

- **TNOTA Philanthropy Partner Voting** – You can make vote for our 2025 philanthropy partner [using this form](#). Voting will run through **December 15**. Voting is exclusive for members of TNOTA.
- **TNOTA Executive Board Voting** – You can make vote for the TNOTA Board positions of President Elect, Vice President, and Treasurer [using this form](#). Voting will run through **December 15**. Voting is exclusive for members of TNOTA.
- **Ongoing/through the holidays**, there is an Enchanted Forest fundraising event at the Pink Palace in Memphis to support Lebonheur, the UTHSC SOTA decorated an OTree - tickets are \$7.00
- The TNOTA Mentorship Committee is seeking new mentors! Applications open on **January 5, 2025** and you are encouraged to keep an eye out for this fantastic opportunity to advance the OT professions in Tennessee!
- **TNOTA 2025 Annual Conference** – We have a venue and dates for the 2025 annual conference! The conference will take place at the **J Walter Barnes Conference Center**

at Jackson General Hospital, September 12-14. You can [check back here](#) for more information as the planning gets underway.

Action Items for TNOTA Board members

- Please RSVP for the strategic planning meeting as soon as you know your schedule!
 - Strategic Planning meeting will be in Nashville on Jan. 25 from 11 a.m. to 4 p.m. Lunch and snacks will be provided. Directions and agenda and instructions for RSVPing to come soon!
- Please submit any district, committee, or CEU events ASAP for 2024 using the [Executive Board webpage](#)
- December Newsletter submissions are due **November 20th**. You can submit on the [Executive Board webpage](#)
- Please send a notice of any leadership changes - personnel and roles - in your district or on your committee to admin@tnota.org
- Please continue to engage with TNOTA social media posts.

Upcoming Events

- [November 19](#) – The Student Involvement Committee will be hosting their quarterly virtual chat with a *fantastic* panel of OT practitioners from across a wide range of practice environments
- [November 21](#) – The DEI Committee will have Nardia Aldridge, Eastern Regional Coordinator for the National Black Occupational Therapy Caucus (NBOTC/The Caucus) to address TNOTA
- [December 4](#) – virtual Ethics & Jurisprudence course coming up
- [December 9](#) – *Suicide Prevention Training* – This virtual training is the last suicide prevention training of 2024, and is for 2.0 CEUs, free for members, \$40 for nonmembers.
- **Please watch our social media and website for announcements and information about continuing education events as more learning opportunities are planned.**

Announcements

- TNOTA Annual Conference Updates
 - Scheduled for **September 12 – 14th** at West TN Healthcare in Jackson TN.
 - Will be forming the committee in January.
 - All TNOTA members are eligible to join the committee. **We are especially asking board members from the Jackson area to volunteer in this capacity** given the location of next year's meeting. The committee will meet virtually once per month leading up to the conference.
- Financial update
 - TNOTA Financial Report

- Total Assets - \$204,354.42
 - Total Liabilities - \$14,137.00
 - Total Equity - \$190,217.42
 - Total Liabilities & Equity - \$204,354.42
 - Income for January-September - \$88,784.37
 - Expenses for January-September - \$74,739.46
 - Net Income for January-September - \$14,044.91
- Special Projects
 - TNOTA Board Member Orientation
 - November 18, 7-8pm CST via Zoom for new board members (past 6 months), but all are welcome to attend.
 - Here's the Zoom link:
<https://zoom.us/j/96635150252?pwd=VdGf7gQQdmeZwTCaJ6TAbdPEJLebOx.1>
 - Overseeing development of the new TNOTA website
 - A successful initial meeting was held October 18 with action items determined.
 - Mentorship Committee: Attended November 12 Committee Meeting. CE credit approval from TN State Board of OT is being recommended by TNOTA for practitioners serving as mentors for OT/OTA students – this will be addressed at the February 2025 TN State Board of OT meeting
- Membership updates
 - 1st year OT: 27 (+1)
 - 1st year OTA: 7 (+1)
 - OT: 371 (-3)
 - OTA: 80 (+1)
 - Retired: 2 (-)
 - Student: 334 (-)
 - 38 people renewed their membership and 30 joined in the preceding month.
 - 63 people let their membership lapse and 3 rejoined.
 - At this time last year, we had 882 (3,004 including Prospects) active members compared to 839 (3,099 including Prospects) active members as of 10/31/2024.
 - This represents a loss of 43 members or a 4.88% reduction in overall membership numbers from last year. This reduction of members is concentrated in the loss of Student members.
 - This also represents a growth of 95 individuals in TNOTA's audience or a 3.16% increase in the overall audience.
- Legislative updates
 - Highlights from the month's AOTA's Bi-Weekly Regulations Report:
 - The Iowa Board of Physical and Occupational Therapy proposed a regulation to comport with a recently approved law and allow licensees to

carry forward up to 50% of the required hours of continuing education to the next biennium;

- The Mississippi Department of Mental Health finalized a regulation to allow OTs to provide services in a Certified Community Behavioral Health Clinic (CCBHC); and
- The Washington state Health Care Authority announced its intention to amend regulations related to outpatient rehabilitation services and payment criteria for OT.
- Article by Kim Karr summarizing the Medicare Physician Fee Schedule impact on OT just published to the AOTA website this week. You'll need to log into your AOTA account to read it in full:
 - <https://www.aota.org/advocacy/advocacy-news/2024/finalized-2025-medicare-physician-fee-schedule-impact-on-ot>
- Dry needling legislation course hosted for state association presidents and other key personnel on Tuesday this week - our own Cindy Blackwell, TNOTA President from 2019-2023, who led the organization in efforts to get this into our state's OT Practice Act, was a presenter. Info on the rules around dry needling for OTPs in TN can be found on the TNOTA website here (see FAQ #12): <https://www.tnota.org/licensure-faqs> - and an updated Rules and Regulations document can be found on the licensing board's website.
- Advocacy Committee
 - Good attendance at the recent 1.0 CEU State Legislative Update webinar, thank you to all who attended
 - This webinar is being re-recorded for release on Aspire OT as an asynchronous course
 - This course will be for one CE credit and will be available through Aspire OT for free to both TNOTA members and non-members as part of the board's membership enhancement efforts.
- Marketing
 - Please submit any district, committee, or CEU events ASAP for 2024 using the [Executive Board webpage](#).
 - You can also email zack@gpsforgrowth.com
 - November Newsletter submissions are due November 20. You can submit on the [Executive Board webpage](#).
- Continuing Education Committee
 - Not too many courses by external providers have been submitted for approval through TNOTA recently.
 - TNOTA provides speaker certificates for events/CEUs hosted by any district or committee. If your district or committee is hosting a CEU, please email us at continuinged@tnota.org to have us create the speaker certificates.

- NOTE: The earlier to reach out to alert us to your event, the sooner we will have the certificates ready to go after the presentation. Please include the name of the presentation; the date, length, and location of the presentation; and the speaker's name/credentials so that we can include that information in the certificate.
- DEI Committee
 - The committee co-chairs are discussing the name of this committee and whether the name of the committee should be changed to reflect the changing work and scope of the committee
 - **November 21** – The DEI Committee will have Nardia Aldridge, Eastern Regional Coordinator for the National Black Occupational Therapy Caucus (NBOTC/The Caucus) to address TNOTA
- Mental Health Committee
 - The first TNOTA-developed suicide prevention course is scheduled for **December 9** - this course is full and we already have a waiting list for the first one in 2025 which will be scheduled soon.
 - This course is more OT-specific, and provides better interactivity for course participants than the previous courses supported by TNOTA
 - If you would like to host a suicide prevention course in your district, please reach out to staff (zack@gpsforgrowth.com), Stephanie (president@tnota.org)
- Mentorship Committee
 - Working on acquiring CE credit for individuals who participate in the mentorship program as mentors for OT/OTA students
 - Applications for the next cycle of mentorship partnerships open **January 5** and we are in need of new mentors!
- OTA Connect Committee
 - 2024-2025 Committee Goals:
 - Put together and form a resource guide for educational programs about OT/OTA relationship building to distribute to OT/OTA programs
 - Speak at a minimum of 2 educational programs about the committee and the OT/OTA relationship to promote interprofessional collaboration and interprofessional collaboration within OT.
 - Present at an upcoming AOTA conference about the OT/OTA relationship
- Philanthropy Coordinator
 - New person taking on this role as the current Philanthropy Coordinator, Missy Bryan, steps down as of Jan. 1, 2025: Cynthia (Cindy) Hickman
 - Voting for the TNOTA 2025 Philanthropy Partner will run from Nov. 15-Dec. 15. Members will vote through the website.

- The Parkinson's Foundation and TNOTA had a strong year of mutually beneficial partnership!
 - The Parkinson's Foundation was connected with and is building relationships with OT academic programs across the state. They would love to present their PD 101 presentation to your students.
 - There were many OT volunteers for Moving Day Memphis and Nashville. Unfortunately, the Nashville day was cancelled due to weather, but there were more volunteers signed up than ever. Several students from UTHSC led a sing-along and dance activity at the Memphis Moving Day.
- There are still ongoing opportunities for support and engagement of the Parkinson's Foundation and clients with Parkinson's Disease:
 - The Parkinson's Foundation website has a wealth of [educational resources](#) for individuals, caregivers, and healthcare providers.
 - Volunteers are always needed to support events. Upcoming events include:
 - 1/25/25: Parkinson's Gala, The Venue at Lenoir City - Volunteers needed for setup on 1/24 and the event on 1/25.
 - 3/22/25: Educational Symposium, Southwest Conference Center, Nashville, TN - Volunteers needed 3/21 and 3/22
 - 4/26/25: Moving Day Knoxville - Knoxville Christian School
 - Other regional Moving Day events will be announced later in the year. Check the website for updates.
 - Rock Steady Boxing is also often looking for volunteers in regions across the state.
 - If interested in volunteering or to request resources or an educational presentation, email:
 - Laura Lutrick, Parkinson's Foundation (PF), Development Director, TNKY & Gulf Coast Chapters llutrick@parkinson.org
 - Evan Christian, PF, Development Manager for TNKY PF Chapter, echristian@parkinson.org
- Student Involvement Committee
 - Getting together a new panel for the upcoming Student Virtual Chat on **November 19, 2024**
 - LINK: https://tnota.memberclicks.net/index.php?option=com_jevents&task=icalrepeat.detail&evid=1481&Itemid=156&year=2024&month=11&title=quarterly-student-virtual-chat&uid=239d9352f8dc22e7707d44adbca499bb
 - There's a great group of professionals representing different OT practitioner work environments, so this will be an incredible opportunity to get a comprehensive look at the scope of OT practice!

- TNOTF
 - Raised just under \$800 at the conference
- Northeast District
 - Able to host the “Scarecrow Skedaddle” with a local Children’s Hospital in the community (an accessible race)
 - After the race, there was a district social with a great crowd, especially considering the busy day
 - Goal is to repeat this once a semester
- Rural West District
 - Compliance Day went great on November 2
 - PAMs course with David Levine was hosted this past weekend
 - Many CE programs are being developed for the coming year
- Southeast District
 - This past October Bhumika and Martin participated in the UTC Career Fair
 - It was a great opportunity to promote TNOTA to new OT practitioners and students
 - This event really emphasized the value of having feet on the ground for collaborative projects, membership development, and generally getting to know one another as an OT community of practice
- West District
 - Ethics & Jurisprudence course coming up in a couple weeks on **December 4**

Student Representatives & School Reports

- Belmont University
 - We are wrapping up the final few weeks of the semester and gearing up for finals. Third year students are finishing their last level II fieldwork and second years are finishing their current level I fieldwork. Our student OT association is taking donations for items to pack boxes for the unhoused population in the Nashville area for Christmas.
- East TN State
 - Walk-a-thon fundraiser was a huge success, as was the trunk or treat
 - This Monday there will be a thanksgiving potluck for the student cohorts on campus
 - In December there will be a coffee and hot chocolate event during finals
- Milligan University
 - Second years have one more week of psycho-social field work left
 - Last splint for ortho is coming up on Monday, Nov. 18

- For SOTA, there has been a lot of hurricane clean up from the hurricanes in October
- Next week, SOTA is volunteering at a local food bank
- In December SOTA is coordinating a secret Santa event for students
- Third years finished up their final semester and are beginning their prep for board exam
- Tennessee Wesleyan
 - Second years just finished their last field work 1 last week, and are two weeks from finishing classes
 - Field work starts in January
 - First years are excited to be done with anatomy after their first semester
 - The cohorts recently had a student potluck/friendsgiving
 - Students recently took part in the Knoxville Buddy Walk and Special Olympics in Knoxville
- UT Chattanooga
 - Second years just wrapped up their Level 1 Pediatrics
 - All 6 cohorts will be together for a potluck in a couple weeks
 - First years are looking forward to their first break after starting grad school
- UTHSC (Memphis)
 - Second years are finishing up their first Level 2 field work
 - SOTA is having a potluck next week
 - Enchanted Forest fundraising event at the Pink Palace in Memphis to support Lebonheur, the UTHSC SOTA decorated an OTree - tickets are \$7.00
- Walters State Community College
 - New representative will be here next month
 - SOTA is planning a service project with the local YMCA and the geriatric population that frequents there
 - Second years just finished their pediatric rotation
 - First years are doing great and looking forward to a break

MSC Meeting was adjourned

Next meeting is taking place via Zoom December 12 at 7:00 pm Central

Action	Date	Who
Please submit any district, committee, or CEU events	ASAP	Board

ASAP for 2024 using the Executive Board webpage		
December Newsletter submissions are due November 20th . You can submit on the Executive Board webpage	November 20	Board
Continue to engage with TNOTA social media posts	Rolling	Board
Please RSVP to the Strategic Planning meeting when that RSVP request is sent out	ASAP	Board
Please attend the Board Member Orientation hosted virtually on Nov. 18.	November 18	Board