TNOTA Board Meeting Jan. 9, 2024

In attendance: Stephanie Lancaster, Bhumika Patel, Audra Larson, Kelsey Vaughn, Brittany Ford, Abby Peacock, David Eades, Jennie Douglas, Martin Davis, Ashley Robertson, Christy Watt, Mary Dreyer Smith, Jennifer Crowder, Morgan Webb, Stedmon Hopkins, Katy Schmidt, Madison Craighead, Rosemary Lewis, Hannah Wiggs, Jenni Schwartz, Blaine Coffey

Not in attendance: Brandy McCarter, Valery Hanks, Cindy Blackwell, Audrey Owens, Logan Herndon, Cynthia Hickman, Jennifer Henderson, Taylor Kozell, Amanda Newbern, Robert Mullaney, Gigi Jordan, Kimberly Jessee, Barbara Meussner, Sandra Dicks, Anne Zachry, Caitlyn O'Brian, Abby Hightower, Ashlyn Getway, Marisa Cruse, Jayden Malugin, Abilene Hurd

Staff in attendance: Zach McElgunn

MSC to accept the minutes as submitted

Important TNOTA Board announcements

• TNOTA Board Strategic Planning meeting will be in **Nashville** on **Jan. 25** from **11 a.m. to 4 p.m.** Lunch and snacks will be provided. Directions and agenda to come soon!

Please share this information with your personal network(s)

TNOTA 2025 Annual Conference – We have a venue and dates for the 2025 annual conference! The conference will take place at the J Walter Barnes Conference Center at Jackson General Hospital, September 12-14. You can check back here for more information as the planning gets underway.

Action Items for TNOTA Board members

- Please RSVP for the strategic planning meeting as soon as you know your schedule!
 - Strategic Planning meeting will be in Nashville on Jan. 25 from 11 a.m. to 4 p.m.
 Lunch and snacks will be provided. Directions and agenda to come soon!
- Please respond to the strategic planning questionnaire that was sent to you under a different cover
- Please submit any district, committee, or CEU events ASAP for 2025 using the Executive Board webpage
- February Newsletter submissions are due **January 20th**. You can submit on the **Executive Board webpage**
- Please send a notice of any leadership changes personnel and roles in your district or on your committee to admin@tnota.org
- Please continue to engage with TNOTA social media posts.

Upcoming Events

- February 4 Occupational Therapy and Pelvic Health
- February 6 Suicide Prevention Training
- February 17 Aquatic Therapy CoP Meeting
- February 25 Student Involvement Committee quarterly virtual chat
- Please watch our social media and website for announcements and information about continuing education events as more learning opportunities are planned.

Announcements

- New Business
 - Stephanie requested that as events are planned/scheduled that she is kept in the loop
 - Please communicate your committee/district activities to the board, and vice versa (communicate TNOTA activities to your committee/district)
 - Please communicate your activities to staff as well (<u>admin@tnota.org</u> works great), as they may be able to provide support as requested

Admin Announcements

- Strategic planning is taking place in Nashville on January 25 please return your RSVP and questionnaire if you have not already
- TNOTA Annual Conference Updates
 - Scheduled for September 12 14th at West TN Healthcare in Jackson TN.
 - Will be forming the committee in the second week in January, so keep an eye out for that email/call for volunteers
 - Keep an eye out for information in the next week regarding conference committee participation

Financial update

- TNOTA Financial Report
 - Total Assets \$187,256.08
 - TOTAL LIABILITIES & EQUITY \$187,256.08
 - Income for January-November \$101,159.04
 - Expenses for January-November \$92,450.47
 - Net Income for January-November \$8,708.57
- We're moving along in moving TNOTA's funds from the Pinnacle account to Truist
- New form for expense reporting will be available by the strategic planning meeting on January 25.

Special Projects

Working on updating the website and the newsletter with staff

- Mentorship Committee: CE credit approval from TN State Board of OT this will be addressed at the Feb. 2025 licensing board meeting
 - Successful December meeting with Amanda Newburn in attendance.
 - A meeting will be held in early January to determine how GPS can assist the Mentorship Program efforts.

Membership updates

- 1st year OT: 31 (-1)
- 1st year OTA: 6 (-)
- o OT: 366 (-4)
- o OTA: 76 (-3)
- o Retired: 2 (-)
- Student: 347 (-)
- 21 people renewed their membership and 4 joined in the preceding month.
- 31 people let their membership lapse and 1 rejoined.
- At this time last year, we had 870 (2,991 including Prospects) active members compared to 847 (3,104 including Prospects) active members as of 12/31/2024.
- This represents a loss of 23 members or a 2.64% reduction in overall membership numbers from last year. This reduction of members is concentrated in the loss of Student members.
- This also represents a growth of 113 individuals in TNOTA's audience or a 3.77% increase in the overall audience.

• Legislative updates

- AOTA advocated for a continuation of telehealth allowance from Medicare
- TN Legislature is in session, so we are watching what bills are proposed and what committee meetings are ongoing relative to healthcare and OT-relevant work

Advocacy Committee

 Working to put together a Day on the Hill this spring on March 12 in partnership with the TN Disability Coalition

Marketing

- Please submit any district, committee, or CEU events ASAP for 2025 using the <u>Executive Board webpage</u>.
 - You can also email <u>admin@tnota.org</u>
- February Newsletter submissions are due January 20. You can submit on the <u>Executive Board webpage</u>.

Continuing Education Committee

 TNOTA provides speaker certificates for events/CEUs hosted by any district or committee. If your district or committee is hosting a CEU, please email us before the event at <u>continuinged@tnota.org</u> to have us create the speaker certificates. Include the name of the presentation; the date, length, and location of the

- presentation; and the speaker's name/credentials.
- Two new proposals seeking TNOTA endorsement from outside educators have come in in 2025 - this provides some revenue to TNOTA for organizational activities

Diversity & Inclusion Committee

- No update at this time, but excited to be involved for the year ahead
- Currently seeking membership in this committee as well, so if you or someone you know is interested please let them know about this opportunity

Mental Health Committee

- Continuing to work on schedule suicide prevention trainings, with a goal of providing at least one training every other month
- Next training is scheduled for February 6, 2025

Mentorship Committee

- The applications for the next cycle (6th cycle) are open until January 15
- Still currently working on acquiring CE credit for OTs who mentor OT students

OTA Connect Committee

 Please reach out to Ashley Robertson if you're interested in getting involved with this committee

Philanthropy Committee

Scheduling a meeting with BrightStone currently to understand volunteer opportunities

Student Involvement Committee

- o Resume building chat coming up on February 25
- Please see TNOTA's Events Page for more information and the Zoom link, and keep an eye out for the February newsletter
- Working with the Mentorship Committee for a collaborative event in May

TNOTF

Nothing to Report

East District

Nothing to report

Northeast District

District planning meeting next Tuesday (1/14)

Middle District

Nothing to report at this time, but new representatives are being onboarded

- Rural West District
 - o Compliance Day planned for November and a PAMs course as well
 - Meeting on Saturday for an annual plan
- Southeast District
 - Gearing up for strategic planning and 2025
- West District
 - Speaker on February 4 on OT and Public Health, 2.0 CE credits

Student Representatives & School Reports

- Belmont University
 - o Started back to class and first years are on their Level 1 field work
- Lincoln Memorial University
 - Started classes back on Monday
 - First years on their level 1 field work (mental health)
 - Planning a pickleball tournament in the next couple months
- Milligan University
 - Milligan OT is looking forward to starting classes back on Monday. The second years are busy working on placements for our last level 1 rotation in march as well as finalizing our first level 2 placements. SOTA is planning on volunteering at Night to Shine this month as well as hosting a back to school breakfast next week!
- South College Nashville
 - Currently on winter break until 1/22
 - New TNOTA rep will be elected in the coming months
- Tennessee State University
 - Still on break currently
 - o Not too many updates, but the 2nd years are in their last semester on campus
- Tennessee Wesleyan
 - Still on winter break, with Cohort six starting on Monday and Cohort 5 starting level 2 field work
- UT- Chattanooga
 - Started back on Monday
 - Third years just started their capstones
- UTHSC (Memphis)
 - Started back on Monday

- o SOTA is working on a chili cook off fundraiser for next month
- Walters State Community College
 - Nothing to report

MSC Meeting was adjourned

Next meeting is taking place via Zoom February 13 at 7:00 pm Central

| Action | Date | Who |
|---|-----------------------|-------|
| Please submit any district, committee, or CEU events ASAP for 2024 using the Executive Board webpage | ASAP | Board |
| February Newsletter submissions are due January 20th. You can submit on the Executive Board webpage | January 20 | Board |
| Continue to engage with TNOTA social media posts | Rolling | Board |
| Please RSVP to the Strategic Planning meeting when that RSVP request is sent out | ASAP | Board |
| Diversity & Inclusion Committee is seeking members | Rolling | Board |
| Keep an eye out for information about TNOTA's March 12 Day on the Hill advocacy event in partnership with the TN Disability Coalition | January 20 – March 12 | Board |